# NZ Inflammatory Bowel Disease Nurses Group

## Report for the TUBE on behalf of the NZ IBD Nurses Committee

Committee: Jacqui Stone (chair), Marian O'Connor (co-chair), Karen Murdoch (secretary)

Previous committee member; Lydia White (Education)

Report Date: 7 August 2020 Prepared By: Marian O'Connor

Reporting Period: 1 January – 30 July 2020

# REVIEW OF MEDICINES LIST FOR REGISTERED NURSE PRESCRIBERS IN PRIMARY CARE AND SPECIALIST TEAMS

 In January 2020, the committee sent a letter to Nursing Council (further to their request –dated December 2019) for consideration of a separate section of Gastroenterology / IBD Clinical Nurse Specialist prescribing only within the RN prescribing list. The proposed medications are to as follows;

#### Initiate, titrate

- Mesalazine PO and PR
- Olsalazine PO
- Hydrocortisone PR

#### **Continuation prescribing and titration**

- Azathioprine
- Mercaptopurine
- Methotrexate
- A response is still awaited from the Nursing Council.

#### REGISTERED NURSE PRESCRIBING REMUNERATION UNDER MECA NEGOTIATIONS

- In May 2020 the committee wrote a letter to David Wait at NZNO to highlight the need for appropriate remuneration of RN prescribers within the MECA negotiations.
- A request was also sent out to the membership to encourage videos of Clinical Nurse Specialist's
  endorsing the importance of the extended skills to patient care and these were sent for
  uploading to the NZNO website

#### **NATIONAL IBD NURSING AUDIT**

- A link for the National IBD Nursing Audit was distributed to the membership in late June / early July 2020. The audit was developed by Marian O'Connor, based on the previous UK IBD Nursing Audits and reviewed by the NZ IBD Nurses committee.
- In addition, the audit was expanded to incorporate Australia and was review by members of the IBDNA, to ensure that it was 'Australianised' particularly in terminology regarding funding for posts etc.
- The results will be analysed and presented at the virtual AGW, 11<sup>th</sup> November 2020 and also planned for publication in the GENCA Journal (late 2020)

#### **EDUCATION**

The committee had planned to develop a full day IBD Nurse education (planned for 30<sup>th</sup> July 2020) and utilise the available education funds from NZgNC to support the education and development of IBD Nurses in NZ. However owing to COVID and restrictions around gathering during the lockdown period the decision was taken early on to cancel this meeting. The committee will re-look at developing this annual IBD Nurse Education day for 2021

### **REGULAR EMAILS & MEETINGS**

- The committee typically meet on a 4-6 weekly basis over teleconference to continue to drive forward with issues as detailed above.
- In addition the committee have updated the membership on a regular basis with their work via email.
- The membership also utilise the email group when individual has a question about clinical practice / policy and that also seems to be working well

#### **EXPRESSION OF INTEREST (EOI) FOR COMMITTEE MEMBER**

Lydia White has resigned from the committee with immediate effect (July 2020) as she has returned
to the UK owing to a family death. Therefore the committee is currently accepting EOI's from the
membership and this can be emailed to Marian <a href="Marian.O'Connor@tdhb.org.nz">Marian.O'Connor@tdhb.org.nz</a> and Karen
<a href="Karen.Murdoch@hbdhb.govt.nz">Karen.Murdoch@hbdhb.govt.nz</a> prior to the 14<sup>th</sup> August 2020 for consideration